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January 2017

# ABBYLAND TRUCKING AND SERVICE PLAZA MONTHLY COMPANY NEWSLETTER

## IMPORTANT: NEW FUELING POLICY

### Effective Immediately:

In order to reduce fuel costs and maximize the amount of fuel savings and discounts for our fleet, we are making slight changes to our fueling policy. Please note, this is effective immediately.

Whether the current price of fuel is high or low, it's important that all employees take proactive measures to reduce the impact of its overall cost.

1. Fuel at **ABBYLAND TRUCK STOP** whenever possible. Use the **HOUSE ACCOUNT**, as this offers the best fuel discount. **DO NOT FUEL IN WISCONSIN**. It is standard procedure that you fuel your truck at the Abbyland Truck Stop on the way in and the way out.

2. Abbyland Trucking has entered into a fuel contract with **AMBEST**. All drivers will receive a booklet containing all the AMBEST locations. If you are fueling while out on the road please **limit fueling to ONLY** the AMBEST fuel locations.

AMBEST also offers a great rewards program. If you do not currently have an AMBUCK\$ Rewards Card, please see Jessica to start earning points. Download the AMBEST App on your phone for help in finding the nearest locations and to keep track of your AMBEST points.

3. As back up only: you may still fuel at Pilot and Flying J locations with your EFS card. There is a MyPilot App available on smartphones to help locate the nearest Pilot or Flying J stations.

4. When fueling **reefers**, use the off-road (dyed) fuel whenever possible. All reefers are required to be fueled at least  $\frac{3}{4}$  full before they are dropped.

Be fuel conscious on your way home. Know how far away you are and how many gallons you need to get home. Be especially conscious when you are in Illinois, Minnesota, and Indiana. **Our goal is to fuel as much as possible at the Abbyland Truck Stop.**

Another important factor in improving mile per gallon and lowering the overall impact of the price of fuel is **idle time**. One of the easiest ways is to simply keep your truck turned off whenever it doesn't need to be running. Short idle (idle time which last anywhere from 15 minutes to 2 hours) should be kept to an absolute minimum. Trucks parked overnight should first use auxiliary power units and other alternative power sources to heat/cool the cab. Idling should be a second choice.

In order to increase communication, safety awareness and recognition throughout the Service Center a company newsletter will be published monthly. This will replace the driver's weekly newsletter. Please refer to these newsletters for important announcements.



## About AMBUCK\$



AMBUCK\$, first introduced by AMBEST in 1994, a rewards program offered to professional drivers FREE of charge. Drivers earn points worth a penny a gallon by swiping their AMBUCK\$ card at the pump or fuel desk when making a diesel purchase at any of the AMBEST locations nationwide. Since the program's inception, the company has issued billions of AMBUCK\$ points to drivers, plus we have given away millions of points, cash and other prizes in random weekly and grand prizes.

AMBUCK\$ cardholders earn one FREE shower credit for every minimum 75 gallon purchase. The shower credit is automatically loaded on your card and can be used in any AMBEST location nationwide. Shower credits expire after 7 days from the time it is credited to the card. Points can be earned with select purchases at participating AMBEST Service Centers.

- Points can be redeemed for merchandise (alcohol and cigarettes are excluded) in any AMBEST location and at participating AMBEST Service Center locations.
- Cards must be registered in order to redeem points or to be eligible for randomly-selected AMBUCK\$ prizes. See stores for current winners.
- Drivers can pick up an AMBUCK\$ card at any AMBEST location and start earning today.
- Register your card online or by calling 800-866-4086 Monday-Friday, 7 AM-5 PM Central Standard Time.
- Points expire if the points are not redeemed within two years of the original date of earning the points.
- AMBUCK\$ cardholders earn one FREE shower credit for every minimum 75 gallon purchase. The shower credit is automatically loaded on your card and can be used in any AMBEST location nationwide. Shower credits expire after 7 days from the time it is credited to the card.
- Points can be earned with select purchases at participating AMBEST Service Centers.

For more information, please call 800-866-4086.

## ACCIDENT REPORTING REMINDERS

Any time the vehicle comes in contact with any other vehicle, object, person, animal, or property causing damage or injury or any allegation of contact or involvement in any manner however minor, the following procedures **must be completed**. Please refer to your driver manual for additional information.

**STOP AND STAY CALM.** Failure to stop at the scene of an accident is a criminal offense, subject to severe penalties of the law.

**PROTECT AND SECURE THE SCENE BY TAKING ALL PRECAUTIONS TO PREVENT FURTHER ACCIDENTS OR DAMAGE TO PROPERTY.** Turn on four-way flashers and quickly set out red emergency reflectors, in accordance with the DOT regulations that require that if a commercial motor vehicle stops on the traveled portion of a roadway or on the shoulder, warning devices must be placed within the first 10 minutes. Ensure that warning devices are placed out in accordance with the regulations.

**ASSIST ANY INJURED PERSON AND NOTIFY THE POLICE.** Do not move injured person unless more danger is present. Do not leave equipment and cargo unguarded, except in an extreme emergency!

**NOTIFY THE ABBYLAND TRUCKING SAFETY DEPT IMMEDIATELY.**

Jessica Devine – 715-223-3402 ext 7614, Cell Phone: 715-210-5613

Exchange the following information with the other parties involved and complete the **Driver's Report of Motor Vehicle Accident**. The driver should give identifying information to the other party involved but should make no comments about assuming responsibility.

Name, address, phone number and driver's license number of the other drivers

Information from the other vehicle such as vehicle's make, model, vin, etc.

Name, address and phone number of the owner(s) of all property involved

Name, address and phone numbers of passengers and witnesses

Name, department and badge number of the investigating officer

**Driver should take pictures of the damage to the vehicles** but should not take pictures of any injured individuals

**Note any citations**

**Report any vehicle damage to the Abbyland Trucking shop 715-223-8154**

Failure to follow this procedure will result in discipline.

## WINTER REMINDER

Here it comes again—for drivers the three certain things you can't avoid are death, taxes and winter. Death and taxes are fairly unpredictable, but winter is very predictable and hasn't changed a lot since driving started. Shorter periods of daylight that reduce visibility are certain. Periods of inclement weather, rain, snow, sleet, fog and ice all affect visibility and traction and can create some very challenging and dangerous driving conditions. The Federal Motor Carrier Safety Regulations (DOT) has a lot to say about hazardous conditions in Part 392.14:

"Extreme caution in the operation of a commercial motor vehicle shall be exercised when hazardous conditions, such as those caused by snow, ice, sleet, fog, mist, rain, dust or smoke, adversely affect visibility or traction. Speed shall be reduced when such conditions exist. If conditions become sufficiently dangerous, the operation of the commercial motor vehicle shall be discontinued and shall not be resumed until the commercial motor vehicle can be safely operated. Whenever compliance with the foregoing provisions of this rule increases hazard to passengers, the commercial motor vehicle may be operated to the nearest point at which the safety of the passengers is assured."

Since you can't control conditions you can prepare both yourself and your vehicle for winter. Pay special attention during your pre-trip, en-route and end-of-trip inspection to lights, tires and brakes. Clean mirrors, windshield and side glass is essential for you to see what is going on around you, so carry an extra supply of towels and glass cleaner with you. Heater and defrosters must be in good working order and check your tires for both tread depth and proper inflation. If you are likely to be somewhere that has a "chain law" make sure your tire chains are

available and that you are familiar with how to install and remove them.

Winter is also the time to keep a close check on your oil and coolant levels and be sure to drain those air tanks frequently. This is definitely that time of year when you need to program a little extra time for your run just in case you run into these adverse conditions. Slower speeds, increased following distance and no unnecessary lane changes can do a lot to help you avoid wintertime problems. Beware of vehicles passing you that may be blinded by spray from your rig and, whether it is a state law or not, anytime your windshield wipers are on, your lights should be on as well.

Take care of yourself! Winter driving puts a lot more pressure on you, makes you more on edge and can create fatigue in a shorter amount of time than in normal conditions. The only thing that will cure fatigue is rest, so extra rest and quality sleep will help get you ready for these challenging days. Carry a thermos of hot coffee or soup, some bottled water and snacks just in case you get stuck in a road block or if you're delayed away from an eating facility. Extra blankets, good insulated work boots and gloves, as well as a good winter coat, will help keep you warm and safe if you have to get out in these conditions.

Watch out for the holiday drivers from Thanksgiving to Christmas through New Year; expect more traffic, motorists impaired by alcohol and/or fatigue and heavy volumes of traffic, especially in urban areas. Winter didn't just happen; we have been through many before

*Drive Safely*  
*Drive Responsibly*  
*Drive Professionally*

## 401K SCHEDULE FOR 2017

Mike Boyd, Financial Planner, representing Empower Retirement will be available to answer your **401(k)** questions and provide sign-up assistance in 2017 as follows:

**January 25th , April 25th , July 25th , October 25th**

Mike's schedule when at Abbyland will be as follows:

9:00 a.m. to 10:30 a.m. Shipping/Receiving Break Room, Abbotsford

11:00 a.m. Trucking, Curtiss

11:15 a.m. Distribution Center, Curtiss

11:30 a.m. Pork Plant, Curtiss

12:00-1:00 p.m. Truck Stop & Restaurant, Curtiss

1:00p.m. to 2:00 p.m. Shipping/Receiving Break Room, Abbotsford

2:00 p.m. to 3:00 p.m. Prepared Foods Break Room, Abbotsford

See Mike at any location and time that works for you. He welcomes current participants to stop and talk with him about your 401(k) program too!

Drivers:

Please double check your permit books to make sure you have the current permits...

- \* 2017 IFTA/IRP Registration
- \* 2017 KY ABC Permit
- \* 2017 UCR Permit

Please also double your truck for the current 2017 IFTA stickers. Please see the front desk if you are missing it. It is the driver's responsibility to make sure the permits are up to date at all times.

# Abbyland Trucking OSHA Recordable Injuries

Total Injuries	2012	2013	2014	2015	2016
Trucking	3	3	6	2	1
Washbay	3	4	5	3	2
Mechanics	3	0	0	0	0
<b>Total for Year</b>	<b>9</b>	<b>7</b>	<b>11</b>	<b>5</b>	<b>3</b>

Congratulations to all Abbyland Trucking and Service Plaza employees on a SAFE 2016. We hit an all time record with only 3 OSHA recordable injuries for the year. Keep up the great work and let's strive to be injury free in 2017!!!!

## January 2017 On-Call Schedule

On- Call Phone Number is 715-613-3070

- January 7 & 8 : Duane Huth—715-965-7962  
Ray Reiff—715-937-6979
- January 14 & 15: Jason Savola—715-207-7352  
Mike Rau— 715-214-9060
- January 21 & 22: Jake Brossow—715-223-5169  
Mitch Ernst—715-316-3210.
- January 28 & 29: Brandon Sislo—715-923-2025  
Dustin Romanowski—715-497-6370

## ABBYLAND APPAREL

Abbyland T-Shirts, Sweat-shirts, Jackets and Hats are now available for sale in the showroom. Check out our display. If you need a special order, size or color. Let us know!



ABBYLAND TRUCKING & SERVICE PLAZA

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